

Formal College Approved Activity (FCAA) – Local

List of Accredited Passive Academic/Professional Meetings / Workshops

Name of Activity	Credits	Rehab Credits
AADO Annual Congress/Workshop	8-A	3
AO Courses: Basic / Advanced / Spine / Hand	8-A	3
APOS & HKSH & UH Orthopaedic Clinical Meeting - Teleconference between HKSH and UH	2-A	1
Combined Meetings of DKCH & QMH	2-A	1
Combined Meetings of Kowloon West Hospitals	2-A	1
Combined Meetings of NDH & TMH	2-A	1
Combined Meetings of PWH & AHNH	1-A	
Combined Meetings of TKOH & UCH	2-A	1
CUHK-AADO Comprehensive Bioskill Course on Fracture Fixation	8-A	3
CUHK-Microsurgery Basic Course	10-A	5
HKCOS Annual Rehabilitation Symposium	8-A	8
HKCOS Specialty Day	4-A	2 (4 if on rehab)
HKOA Annual Congress	15-A	10
HKOA Scientific Workshops or Meetings	5-A	2 (5 if on rehab)
HKOA Sports Medicine Chapter Trimonthly Meetings	2-A	
HKSSH Annual Congress	8-A	3
HKSSH Certificate Courses in Hand & Upper Limb Surgery	2-A / module 12-A / 6 modules	1/ module 6/ 6 modules
HKU International Musculoskeletal Tumour Course	8-A	3
Hong Kong Association of Sports Medicine & Sports Sciences Annual Workshop or Meeting	5-A	2
Hong Kong International Orthopaedic Forum	8-A	3
Inter-hospital Saturday Meeting	2-A	1 (2 if on rehab)
NTWC Refresher Course	2-A	1
Regular Academic/Professional Meetings of the Association of Private Orthopaedic Surgeons	2-A	1

List of Accredited Passive Open Lectures

Name of Activity	Credits*	Rehab Credits
Invited speakers by HKOA & HKCOS	1-A	1
Open lecture given by External Examiners of the Universities and the Hong Kong College of Orthopaedic Surgeons	1-A	1
Visiting Lecture by HKU - MB Lee Lecture; SC Fong Lecture; Harry Fang Lecture; Tam Sai Kit Lecture; Yang Hsueh Chi Lecture; The A.R. Hodgson Visiting Professor Lecture	1-A	1
Wu Jieh Yee Lecture (CUHK)	1-A	1

* unless specified

List of Accredited Active Activities

Further to CME/CPD Fellow's Guides item 5.6 Active Participation:

Organizer	Quality Assurance and Mortality & Morbidity Meeting	Clinical/Surgical Review or Audit Meeting	Discharge Meeting	Pre-operative Meeting	X-ray Meeting	Mini-CPC	
AHNS	✓	✓		✓	✓		
CMC			✓	✓	✓	✓	
KWH			✓	✓	✓		
NDH			✓	✓	✓		
PMH			✓	✓	✓	✓	
PWH						✓	
PYNEH						✓	✓
QEH			✓	✓	✓	✓	✓
QMH			✓	✓	✓	✓	✓
TKOH			✓	✓	✓	✓	✓
TMH			✓	✓	✓	✓	
UCH			✓	✓	✓	✓	
YCH			✓	✓	✓	✓	

** Should be submitted with detailed meeting report **

- Sharing the same principles as for Presenting in a FCAA, the lecturer/tutor in HKCOS Basic Orthopaedic Bioskill Workshop/HKU Basic Sciences & Anatomy Course for FRCSED (ORTHO)/FHKCOS Examination would be granted with 1 Cat A active point for teaching less than 15 minutes; 2 Cat A active points for more than 15 minutes; and maximum 3 Cat A active points for more than 30 minutes.

For table instructor, 1 Cat A active point would be granted for a half day workshop and 2 Cat A active points would be granted for a full day workshop.

- Tutors of Beijing Jishuitan Hospital Clinical Tutorial will be awarded with 3 Cat A active points for half day teaching and 6 Cat A active points for a full day teaching.
- Tutors of Preparatory Course for HKCOS Exit Examination will be awarded with 3 Cat A active points for half day teaching or more.
- For Instructor in Hands-on Workshop, 1 Cat A active point for half day instructing and 2 Cat A active points for full day instructing. Maximum 3 Cat A active points could be claimed in one single event. Sharing same principle, maximum 3 active points is also applicable to the event type like conference/meeting/workshop/seminar/symposium. (with effective date since 26 July 2013 upon College's receipt date)
- For Setting Examination Questions, every 3 questions accepted by the HKCOS Examination Committee and Hong Kong Intercollegiate Board of Surgical Colleges Membership Examination would be equivalent to 1 Cat A active point. This rule is apply to MCQ. For SAQ, 1 question accepted would be granted with 1 Cat A active point.

Formal College Approved Activity (FCAA) - Overseas

Name of Activity	Organizer	Credits	Rehab Credits
Arthroscopy Association of North America Master's Experience Course	AANA	8-A	4
American Academy of Orthopaedic Surgeons Annual Meeting	AAOS	15-A	10
Annual American Academy of Orthopaedic Surgeons Workers' Compensation and Musculoskeletal Injuries	AAOS	8-A	8
AO Course-Davos	AO	8-A	4
AO Specialty Course- Davos	AO	8-A	4
American Orthopaedic Association Meeting	AOA	8-A	4
ASEAN Orthopaedic Association Meeting	AOA	8-A	4
Australian Orthopaedic Association Annual Scientific Meeting	AOA	8-A	4
Asia Pacific Orthopaedic Association Main Congress	APOA	8-A	4
Asia Pacific Orthopaedic Association Sectional Meeting	APOA	8-A	4 (8 if on rehab)
Combined Meeting of Asia Pacific Spine Society and Asia Pacific Paediatric Orthopaedic Society	APSS-APPOS	8-A	4
Annual Educational Conference & Expo Academy of Spinal Cord Injury Professionals	ASCIP	8-A	8
American Spinal injury Association Annual Meeting	ASIA	8-A	8
Annual Meeting of American Society for Surgery of the Hand	ASSH	8-A	4
British Orthopaedic Association Annual Congress	BOA	8-A	4
Chinese Association of Orthopaedic Surgeons Annual Congress	CAOS	15-A	10
Annual Current Concepts in Joint Replacement – Spring / Winter Meeting	CCI	8-A	4
Canadian Orthopaedic Association Annual Congress	COA	8-A	4
Chinese Orthopaedic Association Annual Meeting	COA	15-A	10
Chinese Speaking Orthopaedics Society Scientific Congress	CSOS	8-A	4
Annual Congress of Federation of European Societies for Surgery of the Hand	FESSH	8-A	4
Fragility Fracture Network Global Congress	FFN	8-A	8
International Federation of Sports Medicine & Asian Federation of Sports Medicine	FIMS/AFSM	8-A	4
IFSSH & APFSSH Congress	IFSSH/APFSSH	8-A	4
International Meeting on Advanced Spine Techniques, organised by SRS	IMAST	8-A	4
The International Osteoporosis Foundation (IOF) Regionals Asia-Pacific Osteoporosis Meeting	IOF	8-A	8
ISAKOS Annual Congress	ISAKOS	8-A	4
General Meeting of the International Society of Limb Salvage Meeting	ISOLS	8-A	4
World Congress of the International Society of Physical & Rehabilitation Medicine	ISPRM	8-A	8
The International Society for the Study of the Lumbar Spine	ISSLS	8-A	4
Japanese Orthopaedic Association Annual Congress	JOA	8-A	4
Annual Meeting of Japanese Society for Surgery of the Hand	JSSH	8-A	4
New Zealand Orthopaedic Association Annual Congress	NOA	8-A	4
The Orthopaedic Trauma Association Annual Meeting	OTA	8-A	4
Paediatric Orthopaedic Society of North America Annual Meeting	POSNA	8-A	4
SICOT Main Congress	SICOT	8-A	4
Scoliosis Research Society Annual General Meeting	SRS	8-A	4
World Congress of World Society for Reconstructive Microsurgery	WSRM	8-A	4

Non-Formal College Approved Activity (Non-FCAA)

Other activities not listed in the FCAA lists above might also be accredited with CME/CPD points upon individual applications. The application details please refer to the application forms for CME/CPD accreditation. Detailed list of activity please refer to the updated list of Accredited CME/CPD Activities on HKCOS web site by this link: <http://www.hkcoss.org.hk/CME-activities.asp>.

Application for CME/CPD Accreditation

All Non-FCAA and the below listed active participations are required to submit written applications to the HKCOS CME/CPD Committee:

	Written Application
Non-FCAA	✓ (with program details)
Presenting/Chairing in FCAA	✓ (with summary content or collection/analysis of data)
Journal Study of Self Learning	✓ (with at least 100 words written comment and copy of abstract/summary of article)
Mortality and Morbidity Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Discharge Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Pre-operative Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
X-ray Meeting	✓ (with written report and attendance record of a minimum of 4 Fellows)
Mini-CPC	✓ (with written report and attendance record of a minimum of 4 Fellows)
Interactive Workshop	✓ (with program details)
Clinical Attachment	✓ (with written summary report submitted after the attachment)

Application forms may be obtained from the HKCOS website:
<http://www.hkcoss.org.hk/Forms.asp>.

List of Accredited Journals

1. Acta Orthopaedica
2. American Journal of Occupational Therapy
3. American Journal of Sports Medicine
4. Annals of Physical Medicine
5. Annals of the Rheumatic Diseases
6. APLAR Journal of Rheumatology
7. Archives of Orthopaedic and Trauma Surgery
8. Archives of Physical Medicine and Rehabilitation
9. Arthritis & Rheumatism : an official journal of the American College of Rheumatology. ,
Arthritis Care & Research
10. Arthritis Care and Research
11. Arthritis Research & Therapy
12. Arthroplasty Asia
13. Arthroplasty Today
14. Arthroscopy
15. Arthroscopy Techniques
16. BMC Musculoskeletal Disorders
17. BMC Sports Science, Medicine & Rehabilitation
18. Bone
19. British Journal of Plastic Surgery
20. British Journal of Sports Medicine
21. Clinical Opinion in Orthopaedics
22. Clinical Orthopaedics and Related Research
23. Clinical Rehabilitation
24. Clinical Rheumatology
25. Clinical Spine Surgery
26. Clinics in Podiatric Medicine and Surgery
27. Clinics in Sports Medicine
28. Current Opinion in Rheumatology
29. Current Orthopaedic Practice
30. European Journal of Anaesthesiology
31. European Journal of Orthopaedic Surgery & Traumatology
32. European Spine Journal
33. Foot and Ankle Clinics
34. Foot and Ankle International
35. Foot and Ankle Surgery
36. Hand Clinics
37. Hong Kong Medical Journal
38. Injury
39. International Orthopaedics
40. Journal of American Academy of Orthopaedic Surgeons
41. Journal of Arthroplasty
42. Journal of Biomechanics
43. Journal of Bone and Joint Surgery (American Volume)
44. Journal of Bone and Joint Surgery Case Connector
45. Journal of Bone and Mineral Research
46. Journal of Children's Orthopaedics
47. Journal of Clinical Neuromuscular Disease

48. Journal of Clinical Rheumatology
49. Journal of Electromyography and Kinesiology
50. Journal of Foot and Ankle Surgery
51. Journal of Hand Surgery
52. Journal of Hand Surgery (American)
53. Journal of Hand Surgery, European volume
54. Journal of Hand Therapy
55. Journal of International Society of Arthroscopy, Knee Surgery and Orthopaedic Sports Medicine (ISAKOS)
56. Journal of Knee Surgery
57. Journal of Musculoskeletal Research
58. Journal of Orthopaedic and Sports Physical Therapy
59. Journal of Orthopaedic Surgery and Techniques
60. Journal of Orthopaedic Research
61. Journal of Orthopaedic Science
62. Journal of Orthopaedic Surgery
63. Journal of Orthopaedic Surgery and Research
64. Journal of Orthopaedic Translation
65. Journal of Orthopaedic Trauma
66. Journal of Orthopaedics, Trauma and Rehabilitation
67. Journal of Orthopedics and Traumatology
68. Journal of Paediatric Orthopaedics
69. Journal of Pediatric Orthopaedics , Part B
70. Journal of PLoS ONE
71. Journal of Rehabilitation Medicine
72. Journal of Rheumatology
73. Journal of Science and Medicine in Sport
74. Journal of Shoulder and Elbow Surgery
75. Journal of Spinal Disorders & Techniques
76. Journal of Sport Rehabilitation
77. Journal of Sports Medicine and Physical Fitness
78. Journal of Sports Sciences
79. Journal of Trauma and Acute Care Surgery
80. Journal of Wrist Surgery
81. Knee
82. Knee Surgery, Sports Traumatology, Arthroscopy
83. Malaysian Orthopaedic Journal
84. Medicine & Science in Sports & Exercise
85. Microsurgery
86. Musculoskeletal Care
87. Neuromuscular Disorders
88. Operative Techniques in Orthopaedics
89. Operative Techniques in Sports Medicine
90. Orthopaedic Clinics of North America
91. Orthopaedic Journal of Sports Medicine
92. Orthopaedics
93. Orthopaedics (Oxford : Online)
94. Orthopaedics and Trauma
95. Orthopedic Clinics of North America

96. Osteoarthritis and Cartilage
97. Osteoporosis International
98. Paralegia
99. Rheumatic Diseases Clinics of North America
100. Rheumatology
101. Rheumatology International
102. Scandinavian Journal of Medicine & Science in Sports
103. Scandinavian Journal of Rheumatology
104. Seminars in Arthritis and Rheumatism
105. Skeletal Radiology
106. Spinal Cord
107. Spine
108. Spine Journal
109. Sports Medicine
110. Sports Medicine and Arthroscopy Review
111. Techniques in Foot & Ankle Surgery
112. Techniques in Hand & Upper Extremity Surgery
113. Techniques in Shoulder and Elbow Surgery
114. The Bone and Joint Journal
115. The Internet Journal of Orthopedic Surgery
116. The Internet Journal of Rheumatology
117. The Internet Journal of Spine Surgery
118. The Journal of Hand Surgery (Asia-Pacific Volume)
119. The Surgeon
120. Therapeutic Advances in Musculoskeletal Disease
121. Topics in Spinal Cord Injury Rehabilitation
122. Year Book of Hand and Upper Limb Surgery
123. 中國康復理論與實踐
124. 中國康復醫學雜誌
125. 中國矯形外科雜誌
126. 中國脊柱脊髓雜誌
127. 中國骨質疏鬆雜誌
128. 中華創傷骨科雜誌
129. 中華小兒外科雜誌
130. 中華手外科雜誌
131. 中華整形外科雜誌
132. 中華關節外科雜誌
133. 中華風濕病學雜誌
134. 中華骨科雜誌
135. 實用骨科雜誌
136. 現代康復
137. 臨床骨科雜誌

(The article applied for CME point has to be at least 50% related to Orthopaedic / Traumatology / Orthopaedic Rehabilitation.)

(The CME/CPD Committee will review the list periodically to include other relevant Journals. Submission of Other related Orthopaedic Journals could be considered subject to discretion by the CME/CPD Committee.)